We meet on Wednesdays at 7.30pm at Revikarunakaran Rotary Hall, Alappuzha

Official Bulletin of Rotary Club of Alleppey (Chartered on 25th July 1949)

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Princy's Fitness Challenge



Sivan Felicitated



Kitchappa in Spotlight

STEPHANIE A. URCHICK RI President



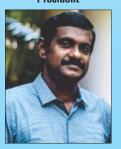
Rtn. AKSM SUDHI JABBAR Dist. Governor



Rtn. ANTONY MALAYIL Asst. Governor



Rtn. JOHN KURIAN President



Rtn. SUJITH T.S Secretary



The hilly areas of Meppadi in Wayanad district became the site of a calamity as massive landslides swept through several villages killing hundreds of people on the small hours of 30th July 2024. The death toll when I am penning the editorial rose up to 341. It is expected that the final tally would cross 500, many could have been swept away or still be trapped under the debris. The tragedy struck past midnight — while the initial landslide took place at around 1 am, another followed at 4.30 am — which meant most of the dead were buried in their sleep, with little chance to escape. We have been experiencing these types of calamities one after another during the recent past. The Okhi in 2017, the back to back floods in 2018 & 2019, the Covid-19 pandemic in 2019-21 and now one of the biggest landslides ever witnessed by the State. The Rotarians have been forerunners in the relief and rescue operations, which we

have demonstrated to the world, during the earlier occasions. Our good friend Rtn Shyam Kurup, who is in the NDRF, also a champion of such relief operations has been coordinating the rescue and relief work. Our DG Rtn Sudhi Jabbar has already initiated dialogue with the Rotary clubs in Wynad and as advised by the District Administration, the DG has proposed to support the rehabilitation programme of the Government. He has already opened an exclusive bank account for this purpose. Let us put our hands together to face the challenges in the most difficult time.

Rtn PAG MPHF M Kumaraswamy Pillai



### MADAM BETTY KARAN- AN EPITOME OF GIVING

No one has ever become poor by giving. No one need wait a single moment to improve the world. The best way of doing good to the poor is not making them easy in poverty, but leading or driving them out of it. Madam Betty Karan's philosophy very well matches with the above statements and she never misses any opportunity to give that too generously. Her unwavering dedication to create positive change, boundless compassion to improve the lives of those less fortunate speak volumes about the kind of philanthropist in her. She and her spouse late Revi Karunakaran together are one of the largest contributors to the Rotary Foundation. In the recent past, Madam Betty Karan volunteered to contribute during Okhi disaster in 2017-18.

Supported RC Alleppey financially in our Kayalpuram rehabilitation project during the Super floods in 2018-19, again extended support for the pension scheme for the poor and differently abled people during 2022-23, and now contributed substantially for the Platinum Jubilee project. As Raju vouched, without her support, the project would not have taken up.

Royalweeks wishes godspeed, health and happiness to Madam Betty Karan to continue her philanthropic activities for long.











## Minutes of the regular meeting held on 31.07.2024

The meeting was called to order by the President Rtn John Kurian at 7.30 pm. In the absence of the Secretary Rtn Sujith TS, Rtn Sethu Ravi acted as Secretary for the meeting. Rtn Jijo Chacko invoked the blessings of the god. President informed the house that the mother in law of Rtn Tomy Pulikkattil, Mrs Rose Thomas passed away and himself along with Rtns. Tomi Eapen, Raju Chandy, Sivakumar, Kumaraswamy Pillai, George Thomas, K Cherian paid tributes to the departed soul at her house. The members stood in silence for a minute as a mark of respect to the departed soul and those who died at Waynad due to landslides.

President in his opening remarks said the he has been receiving very positive feedbacks on the well conduct of the 75th charter anniversary and Platinum Jubilee function. He specially thanked Raju Chandy and entire members of the PJ Committee and the host team. Thereafter President introduced the Guest Speaker for the day Mrs Indu, former HOD of History Department of St. Joseph's College. He also welcomed Adv Mrs Beatris to the meeting. Mrs Indu at the outset informed that one of the beneficiaries who was given house by the club is her neighbour and she is a most deserving beneficiary. The entire family of the beneficiary were overwhelmed by the hospitality extended by the senior

members of the club. That was the reason prompted Mrs Indu to visit the club as a guest. In her brief talk Indu explained about the relevance of history in the life of people.

Rtn Tomi Eapen thanked all Rotarians who have supported in collecting advertisements and also associated in getting the souvenir printed. Tomi said that there is a balance of ₹2,10,000 from the Souvenir account which will be transferred to the Rotary Villa project. He also handed over a copy of the souvenir and a hand book on Rotary to Mrs Indu.

Rtn Antony Malayil, AG congratulated Rtn Raju Chandy and team for the excellent comduct of PJ celebrations. He also handed over the certificate and lapel pin for PHF to Rtn Princy Sebastian. Rtn M Kumaraswamy Pillai, Rtn Lakshmi Gopakumar, Rtn Varghese Kurisinkal and Rtn George Thomas congratulated President, Raju Chandy and the host team for the well conduct of the function. Rtn Sethu Ravi proposed vote of thanks with special thanks to host of the meeting Rtn. Shyam Kurup and the meeting was adjourned by the President at 8.45 pm for fellowship and dinner.

Rtn Sethu Ravi Joint Secretary

### RC ALLEPPEY FINDS PLACE IN THE GML







For Private Circulation only, Designed and Edited by Rtn. Sheela Devi B.
Circulated by Rtn. Sudhi Jabbar, District Governor 2024-25, RI District 3211.
Please send activity reports, project details, suggestions and other articles, along with good quality photographs, by e-mail to rid311/pmi202425@gmail.com

## **OBITUARY**



Ponnamma Lakshmi Kutty Amma (87)

Grand mother on Rtn Lakshmi Gopakumar, passed away on 5th August 2024 due to old age ailments. Royalweeks offers homage to the departed soul

accidents and coincidents- says Mrs Indu Rajasekhar



History is the drama, enacted by God, we are only learners and watchers of the game said Mrs Indu Rajasekhar, Former Professor of History, St Joseph's College for Women. She was addressing our regular meeting held on 31.07.24 as a Guest Speaker. Mrs Indu also gave the definitions of history as given by world renowned experts on the subject. Francis Bacon said History makes men wise. Because A wise man learns from his own experience but a wiser man learns from the experience of others. History is the treasure house of knowledge. We get what ever we want. Cicero says A nation that has forgot history has no future.

Not to know what took place before you were born is, to remain forever and ever a child. History is the home where all other subjects dwell. Chronology and Geography are two eyes of a beautiful maid named History. Geography is the stage where the drama known as history is enacted

#### **ADVANTAGE PRINCY WITH TWO PERSONAL TRAINERS 24x7**

Whilst some may opt to exercise in the gym, there is a certain beauty in exercising at home too. And for someone who is slightly lazy to perhaps exercise in the first place, what better motivation than a PT, a personal trainer. And to further that motivation, who better than your own pet!

It is almost as if they watch you carefully so as to say "you best be in good health and condition since you need to look after me" and yes, that may be some imaginative thinking on my part, but it does help motivate me to get out of bed and move my body.

Whilst I may not have or keep a regular regime of fitness, where I do a set of exercises daily, I still do manage to keep fit and I think that's what's important. I maintain my diet of being a vegetarian, and have a regular routine in the morning of waking up at 5:00 AM, benefitting both myself and my two personal furry trainers.

Exercise need not be rushed, or done in a gym with fancy equipment, or with someone coaching you 24/7. Sometimes, it can be done at home when you've got some time to spare.

Rtn PHF Princy Sebastian

(Next week: Rtn Major Donor R Krishnan)



President John Kurian handing over Air Bed and financial assistance to a bedridden patient at Vandanam West, Alleppey.



# Rtn PAG MPHF T SIVAKUMAR FELICITATED



Rtn PAG MPHF T Sivakumar was felicitated by the President Kurian and Acting Secretary Rtn Sethu Ravi at the meeting held on 31.07.24, in recognition for his outstanding contributions to the acquiring of land for the platinum jubilee Rotary Villa and the construction of houses in a record time. Royalweeks place congratulates Rtn Sivan for his dedicated services.

# 3906<sup>th</sup> Meeting in pictures





Rotary Club of Alleppey North celebrated Charter day on 29/7/24 (Monday).
Rtn PAG Sajan B Nair was the Chief Guest and Rtn. Antony Malayil,
AG was the Guest of honour. Sajan delivered an excellent speech befitting to the occasion.



### Rtn Major Donor R Krishnan

Rtn R Krishnan popularly known as Kitchappa among his kith and kin, is a multifaceted personality. Most often he will be in the news for his association as the President of S D V Managing Committee which governs the S D V institutions, Kerala Cricket Association as its Finance Committee Chairman, Patron, Mullakkal Temple Advisory Committee and so on.

Now he is in the news as President of the Mullakkal temple Kodi archana organising committee. This is the sixth edition of Kodi archana conducted in Mullakkal Rajarajeswari Temple and Kitchappa closely monitors the conduct of the devotional project with heart and soul.

Royalweeks wishes that Mullakkal Amma showers her blessings on Kitchappa to complete his task successfully

# **NEXT MEETING**

07.08.24 at 7.30 pm

HOST

**Rtn Varghese Kurisinkal** 



- 3 Rtn. John Kurian
- 12 Rtn. Jacob Neroth MPHF
- 13 Rtn. Mohammed Shafeeq
- 19 Rtn. Tomi Eapen
- 23 Rtn. Arjuna Reddiar. P



- 7 Rtn. Raju Chandy
- 10 Rtn. Dr.Mohammed Aslam
- 25 Rtn. Unnikrishnan, R. Adv.
- **26** Rtn. Dijo Antony Cherian
- 29 Rtn. Tomi Eapen 30 Rtn. Sujith T.S.
- 31 Rtn. N.A.M.Kunju 31 Rtn. Sivadas. B

PRESIDENT - Rtn John Kurian I VICE PRESIDENT - Rtn T.S.Ajith
PRESIDENT ELECT - Rtn Lakshmi Gopakumar I SECRETARY - Rtn T.S.Sujith
TREASURER- Rtn R.N.Ajith I Imm.PP - Rtn John .V.George
CLUB ADMINITSRATION DIRECTOR - Rtn Vijayalakshmi Nair I ROTARY FOUNDATION - Rtn T.Sivakumar
MEMBERSHIP DIRECTOR - Rtn George Jose Malayil I PUBLIC RELATION DIRECTOR - Rtn Tomy Pulikkattil
SERVICE PROJECT DIRECTOR - Rtn Raju Chandy I BULLETIN EDITOR - Rtn M Kumaraswamy Pillai
CLUB ADVISOR - Rtn Mohamed Shafeeq I GENERAL CO-ORDINATOR- Rtn K.Cherian
CLUB TRAINER - Rtn R.Krishnan I EXECUTIVE SECRETARY - Rtn George Thomas

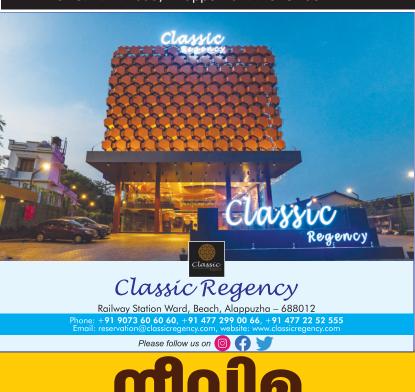
STRATEGIC COMMITTE

INTERNATIONAL SERVICE-Rtn Sajan.B.Nair | DIST. PROJECT - Rtn Adv. Venugopala Panicker GENERAL CONVENOR - Rtn Prof. Gopinathan Nair | CLUB SERVICE - Rtn Adv. S.Murugan COMMUNTIY SERVICE-Rtn Subramania | Iyer | FOCUS PROJECT - Rtn Adv. V Deepak VOCATIONAL SERVICE - Rtn Jose Arathupally | FAMILY OF ROTARY - Rtn Rosie John YOUTH SERVICE - Rtn Ambu Vaidyan | LITERACY MISSION AND CLUB HISTORIAN- Rtn Tomi Eapen CLUB RECREATION - Rtn Naga Raj | CLUB IT OFFICER - Rtn Lukose Mathew Malayil CLUB PROJECTS - Rtn R.Sreenivasan | FESTIVAL AND FELLOWSHIP - Rtn Jijo Chacko



Jt. SECRETARY - Rtn Dr.Sethu Ravi I SERGEANT AT ARMS- Rtn Princy Sebastain





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